**РАСПИСАНИЕ ТРЕНИРОВОК В ГРУППЕ**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **время** | **понедельник** | **вторник** | **среда** | **четверг** | **пятница** | **суббота** | **воскресенье** |
| **7:00** |  |  |  |  |  |  |  |
| **8:00** |  |  |  |  |  |  |  |
| **10:00** |  |  |  |  |  |  |  |
| **11:00** |  |  |  |  |  |  |  |
| **13:00** |  |  |  |  |  |  |  |
| **15:00** |  |  | **ДЕТСКИЙ БОКС**  **(60 МИН)** |  | **ДЕТСКИЙ БОКС**  **(60 МИН)** |  | **ТАЙСКИЙ БОКС**  **(90 МИН)** |
| **16:00** |  |  |  |  |  |  |  |
| **17:00** |  |  |  |  |  |  |  |
| **20:00** |  |  |  |  | **БОКС**  **(90 МИН)** |  |  |
| **21:00** |  |  | **БОКС**  **(90 МИН)** | **ТАЙСКИЙ БОКС**  **(90 МИН)** |  |  |  |